



MINOR AILMENTS SERVICE

CONDITION	EXCLUSIONS TO TREATMENT
ACNE (MILD TO MODERATE)	Under 13 years old or over 65 years old Severe acne Eczematous, broken or sunburnt skin
ATHLETES FOOT	Pregnant or breastfeeding Diabetes Toenails are black or discoloured
CONJUNCTIVITIS (SUPERFICIAL EYE INFECTIONS)	Child under 3 months old Severe infection Recent course of chloramphenicol Eye pain or injury to eye Eye surgery in last six months Glaucoma
CONSTIPATION	Children under 5 years old if a reccurring problem Abdominal pain, vomiting, bloating or pain on defecation
CYSTITIS (UNCOMPLICATED URINARY TRACT INFECTION IN WOMEN)	Under 18 years or over 65 years old Pregnant or breastfeeding Fever or feeling unwell Confused or dehydrated Treatment within previous three months
DIARRHOEA	Children under 6 months Significant weight loss Diabetes Presence of blood or mucus in stools Bile stained vomiting
GOUT	Under 18 years old No previous diagnosis Frequent attacks
HAYFEVER (SEASONAL ALLERGIC RHINITIS)	Pregnant or breastfeeding Thick yellow or green discharge from eyes or nose Persistent or painful ear or sinusitis
HEAD LICE (MUST BE LIVE LICE)	None
INDIGESTION / HEARTBURN	Children under 12 years old Pregnant or breastfeeding Blood in stools Persistent vomiting Significant weight loss Previous history of or suspected duodenal ulcer/ gastric ulcer
IMPETIGO (SMALL AREA)	Children under 1 year Pregnant or breastfeeding Currently taking a prescribed antibiotic More than 2 small areas and each area no greater than the size of a one pence piece Any course of treatment for Impetigo within 6 months

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MIGRAINE	No previous diagnosis Under 18 years or over 65 years old Pregnant or breastfeeding Prophylactic treatment Experiencing any of the following symptoms: double vision, clumsy and uncoordinated movements, tinnitus or recent onset of rash with headache
ORAL THRUSH (ORAL CANDIDIASIS) IN INFANTS	Babies under 1 month old or over 12 months old Child is hypersensitive or allergic to nystatin Child is unwell Reoccurrence within last 8 weeks
AND IF NEEDED; TREATMENT OF CANDIDA (THRUSH) OF THE NIPPLE IN BREASTFEEDING MOTHERS	Fever, temperature and feeling unwell Pregnant This episode is a recurrence within last 8 weeks
PILES (HAEMORRHOIDS)	Under 18 years old Pregnant or breastfeeding Bleeding Chronic irritation or leaking Abdominal pain/vomiting Patients taking anticoagulants (eg warfarin)
RASH (MILD DERMATITIS/ECZEMA)	Face or genital area Contact dermatitis or infected eczema Severe, widespread and/or oozing Caused by medication Nappy rash
SCABIES	Children under 2 years old Significant irritation and/or inflammation Crusted scabies
THREADWORM	Children under 2 years old Pregnant or breastfeeding Tummy pain or rectal bleeding (bleeding from the bottom) Significant, unexplained weight loss Significant change in bowel habit Taking metronidazole or cimetidine
VAGINAL THRUSH	Women under 16 years or over 60 years old Pregnant Previous treatment within 3-4 weeks or twice in 6 months Diabetes Abnormal menstrual bleed Suspected sexually transmitted infection First occurrence of symptoms



